

Course Description Grade	Health 9th-12th grades
Philosophy Statement:	This course is designed to enable students to discover the absolute truths of God's creation through the study of scientific knowledge in order to decipher the reflection of the Creator in the world around them
Course Description:	This class is designed to help students develop knowledge of their Creator and a desire for spiritual and physical whole-body health. There is an emphasis on the students respect and responsibility for their own bodies and minds.
Textbooks:	Total Health: Choices for a Winning Lifestyle Purposeful Design Publications: A Division of ACSI 2005
Materials:	Textbook Bible Lab Materials
Time Allotment:	54 minutes per day, 3 days a week and 48 minutes per day, 2 days a week
Course Content:	Welcome to the Human Body Eleven Systems: One Body Nutrition Fitness and Exercise Infectious Diseases Noninfectious Diseases Stress and Anxiety L.I.F.E. Management Made in His Image Head to Toes Risky Business What's Your Responsibility? Maturity: What's it All About? Changing Relationships Building Your Spiritual Muscles Reaching Your Potential
Areas to be evaluated:	Daily Assignments Bell Ringers Participation Labs Quizzes/Tests Science Articles
Additional activities:	Presentations Health Fair Project